## How strong are your bones?









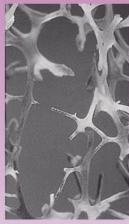


You could be at risk...

## for osteoporosis and broken bones!



**Healthy Bone** 



Bone with Osteoporosis

- Ask your doctor about getting a bone density test.
- This painless, fast and safe test measures how strong your bones are and can tell if you have osteoporosis.
- Medicare may help pay for bone density testing.

For more information, visit www.medicare.gov on the web or call 1-800-MEDICARE (1-800-633-4227)

TTY users should call 1-877-486-2048.

**MEDICARE** 

Helping you help yourself.

